

FOR BUSINESS

Managing the most important assets of business: The performance-health of leaders

Our team of business experts will design a unique and integrated plan for you driven by your goals and your organization's goals. Leave with a clear and focused plan, and definitive results from a variety of assessments. ICPH will coach you on how to make the changes necessary to reach your goals. Specifically geared toward improving business leadership.

BUSINESS LEADERSHIP

- **Emergenetics Profile:** Optimize your thinking and behavioral preferences for efficiency and communication effectiveness
- **Performance-Health Profile:** Examine and improve stress management
- **Emotional Intelligence 360:** Enhance your relationship management skills
- **Executive View 360:** Sharpen your leadership focus, prevent derailment and pinpoint blind spots.
- **360 Qualitative Interviews:** Enhance feedback received with specific insight from those who consistently work with you
- **Team View 360:** Focus on individual contribution to team efforts and team strengths for enhanced effectiveness on key initiatives

360 ADVANTAGE SM

- **Preventive Health:** Evaluate current medical status and biometrics, know your risks, address and prevent medical problems
- **Ergonomics:** Evaluate body structure, joints, stability, flexibility and injury risk factors
- **Total Fitness:** Establish a baseline regardless of your fitness level
- **Nutrition:** Analyze current eating and dietary habits, especially when traveling
- **Business Leadership:** Gain insight about mental habits, beliefs, receive valuable feedback from peers, subordinates and superiors
- **Massage Therapy:** Relax, why don't you? Reduce stress and prevent injury



INTERNATIONAL CENTER FOR
PERFORMANCE & HEALTH

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